

# CARE PLAN

## Electrolyte and Fluid Imbalance

	<b>Related to:</b> <i>Check all that apply</i>			
	New diagnosis			
	Medications			
	Urinary difficulties			
	Abnormal lab results			
	Post-op complications			
	Trauma			
	Other _____			
Date/Select	Outcome	Select	Interventions	Status: Achieved/ Progressing/Not Met (comment for negative variances)
	Serum electrolytes , BUN, blood gases will be within desired limits		Perform initial/routine assessments, assess for neurological manifestations indicating electrolyte imbalance. Report findings to clinician (MD, PA, NP) promptly.	
			Implement therapeutic actions (i.e., appropriate diet, administer replacement electrolytes -sodium bicarb, mag sulfate, etc., as ordered)	
			Assess/monitor serum levels of electrolytes; report finding to MD promptly	
			Monitor for associated complications	
	Absence of cardiac dysrhythmias		Assess/monitor cardiac rhythm	
	Patient will verbalize understanding of electrolyte imbalances		Educate patient on disease process and s/s of complications of electrolyte imbalances	

	Fluid balance will be within desired limits, as evident by adequate I&O, normal skin turgor, BP, Wt, HR, absence of abnormal breath sounds		Assessment of changes in fluid volume	
			Implementation of therapeutic actions (i.e., administer/restrict fluids, as ordered)	
			Monitor for associated complications	
	Patient will verbalize understanding of fluid balance, prevention of fluid deficit/fluid overload and remedies		Educate patient on disease process and s/s of complications of fluid imbalance	