

for Corporations

Support Employees and their Families in the Pursuit of a Healthy Lifestyle

Are you interested in helping employees enhance their quality of life—at home and on the job? *Health Library* is the ideal resource for your employees and their families to learn about health & wellness matters in order to stay healthy and productive.

Use *Health Library* to:

- Supplement existing employee wellness programs with reliable and current health & wellness content
- Provide resources that will benefit both employees and their families
- Cut costs—employers are finding that an increase in members' health awareness can lead to reduced member medical costs
- Potentially benefit from reduced employee absenteeism due to illness by encouraging employee wellness
- Enhance your company's benefit package for existing employees and to help attract new candidates
- Use *Health Library* content in internal company newsletters to help promote employee health & wellness

